

community

MAINSTREAMING

SUCCESS THROUGH CONNECTING

IN THE MAINSTREAM

SPRING 2023



Dear Friends and Families of CMA,

The most important asset we have at CMA, is our tremendous staff. CMA staff are some of the most dedicated, kind, and hard-working people I have ever known. Their commitment to the people we support in our programs is un-matched. They deserve so much more than the compensation they receive through our Medicaid funding. We fight every day for our governor and NYS legislators to recognize the tremendous contribution our employees make to individuals, families, and our communities at large. They disappointed us again in the 2023-2024 final budget, but we will keep fighting and advocating for fair and decent wages for our employees, so we can continue to attract and retain the best team members we can.

Volunteer Opportunities: This summer, we will be recruiting Volunteers for our organization. There are many different ways you can contribute your time and talent to CMA. You can teach a class, connect to a resident who does not have family nearby, assist at an event, help plan a fundraiser. Keep your eye out for our notices this summer. We will also have a place on the CMA website where you can sign up for volunteer opportunities.

Upcoming Events: Save-the-date: CMA's 18th Annual (and Long Island's best) Comedy Event will be held at the Mansion at Oyster Bay on Wednesday, October 11, 2023.

We are also planning our 2nd Annual Pickleball event for the Fall. No experience necessary, just a desire to have a great time!

I am very excited to announce that CMA will be celebrating our 50th Anniversary in 2024! We are planning many special events for our Golden Anniversary, including our 30th Annual Golf Outing in May, and an incredible Gala next fall. Stay Tuned!

I want to thank all of you for your friendship, support, and membership in the CMA extended family. It is through the contributions of many that we are able to support people in living their best lives. Yet there are many Long Island families who are struggling in trying to find appropriate supports and services for their family member. CMA will continue to grow and develop new supports until their needs are met.



Sincerely,
Eileen Egan
Executive Director

IT'S TIME TO CELEBRATE!

I am excited to share with you that 2024 is the 50th anniversary of CMA. Many of you know the organization was founded because a mother needed to find suitable care for her son. Since Joan Brenner's time, CMA has grown to provide residential care for many sons and daughters. CMA has also expanded to offer innovative day programs in job exploration, e-commerce, podcast production, and even technology classes at Hofstra.

There will be many opportunities for families to get involved in planning a gala for our golden anniversary. If you are interested in volunteering your time or if you'd like to suggest corporate sponsors please contact Colleen Slattery at (516) 683-0710, ext 212 or cslattery@communitymainstreaming.org.

We're also celebrating the recent success of our 29th annual golf event. It was a perfect day to play golf and tennis and the Malverne ladies joined us too. Deep gratitude to Ron Finger, this year's honoree, and Matt Engel, Jeff Pinsky and the Golf Committee for their continued commitment to this fund-raising event, which raised over \$150,000.

And finally, let's celebrate our dedicated managers and staff!

In the last few months, I had the opportunity to visit several CMA homes. I was welcomed by Jamie, Rhonda, and Hal in Ave C and Rick, Hilary, and Allison in Massapequa. They proudly took me on a tour of their living spaces and engaged in conversation and cookies. What strikes me every time I visit a CMA home is the many smiles of both the residents and the staff. The smiles convey the care they have for one another. I am grateful to the wonderful house managers like Nicole and Evens and the amazing direct-support staff for their compassionate service. You truly live the CMA value: people are defined by what they can do – not by what they can't.

Hope to see you all at our annual picnic in September where we can continue to celebrate our CMA family!



Maria Massei-Rosato
CMA Board President

EVENT RE-CAPS



GOLF & TENNIS

We held our 29th Annual Golf & Tennis Tournament on May 8th, 2023, at the Muttontown Country Club in East Norwich, as well as the Woodside Country Club in Syosset. It was led by co-chairs Matt Engel of Langsam Property Services, Inc. and Jeff Pinsky of Promos Promotional Products, Inc. This Tournament presented a vital opportunity for many key business leaders in the Long Island, Bronx, Manhattan and Tri-State area to network and unwind, enjoying a day of leisure playing golf and tennis for a great cause. The Annual Golf & Tennis Tournament is CMA's largest and longest running fundraising event. All proceeds benefit CMA's services and programs for adults on Long Island with intellectual and developmental disabilities. Our long-time and newly found supporters helped us raise over \$150,000 this year!

2023 Share Your Heart Wine & Chocolate Experience

CMA hosted its 3rd ever Valentine's Wine and Chocolate Virtual Tasting Experience. Featuring fine Obsidian wine and delicious Kollar chocolates, the event was a great way for CMA family and friends to virtually connect for a great cause.



2023 CMA TALENT SHOW

On Wednesday, May 17th, CMA hosted a Talent Show with nearly 3 dozen acts. From singing and dancing, to poetry and playing instruments, individuals within CMA's programs have no shortage of talent!

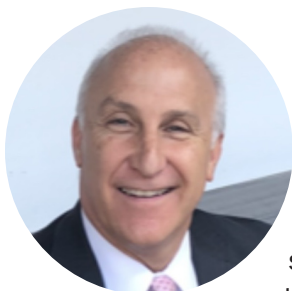
NEW BOARD MEMBERS



DAVID SEINFELD

David worked in K-12 education for 35 years, with most of his career in educational administration, both in NYC and on Long

Island. He is most proud of his 19 years served as a high school principal, his work as a math teacher and his time as a varsity baseball coach. Since “retirement,” David has served as an educational consultant for LIU Post and as a “substitute principal” when schools call him out of the bullpen. David is married to Dr. Laura Seinfeld, who is the Dean of the College of Education, Information & Technology at LIU Post and is the retired superintendent from Oyster Bay/East Norwich schools. David and Laura have two sons, Joey and Robby, who are both married (to Erica and Jamie, respectively). David and Laura’s grandson Hayden was born to Joey and Erica on January 1, 2021. David serves as the batting practice pitcher for the JFK (Bellmore) HS baseball team. He is also a volunteer oyster farmer out in Southold in the Cornell Cooperative Extension’s SPAT program to help ensure improved water quality in Peconic Bay.



PAUL WOLDAR

Paul worked on Wall Street for 34 years selling fixed income securities and managing national fixed income sales

groups. He is now the Senior Community Development Manager for the American Cancer Society. This is his 4th year in the organization, and he runs the Men Wear Pink campaign of NYC/LI. He sits on the Gurwin Health System Foundation board and the MAC Angels board in addition to CMA. Additionally, Paul runs a family foundation. Paul graduated from Boston

University with a BA in Economics/English and Emory University with an MBA. He has been married to his wife Cindy for 36 years and has 3 children: Daniel, 34, (married to Ariel, with grandchildren, 2.5 yr old Morgan and new baby, Eli), Jeffrey, 30, engaged to be married in May '24 and Lauren, 28, engaged to be married November '23.



TAMICA THOMAS

Tamica has over 13 years experience in the Financial Services industry. Prior to joining Morgan Stanley, Tamica

worked at Citigroup where she specialized in product control; managing an \$80B Corporate Loans Portfolio; and Financial Planning and Analysis with focus on CCAAR Stress testing for the Institutional Clients Group. She now serves as an Executive Director in Corporate FP&A working closely with the FP&A teams within Wealth Management and Investment Management at Morgan Stanley.

Tamica believes in giving back. She served on the Forestdale Board of Directors for 4 years, was actively involved with New York Professional Advisors for Community Entrepreneurs (NYPACE) and founded the Stephen Paboy Thomas Foundation in her home country of Dominica. She is also fascinated with Tech Start ups having created her own, ExtraED, during the global pandemic and serving as the treasurer on the Board of Directors for GARBO during its early stages. She also continues to assist minorities in their educational pursuits through her affiliation with Management Leadership for Tomorrow (MLT) and Sponsors of Education Opportunities (SEO) as an alum of both organizations.

Tamica has a MS in Finance from Indiana University, an Executive MBA from Baruch College and a BS in Finance from Morgan State University.

CMA FACILITY UPDATES

ARLEIGH HOUSE will be renovating the kitchen and med room this summer.

PENN COURT HOUSE has a new stockade fence that spans 425 feet across the back yard.

The **PORT WASHINGTON IRMA HOUSE** has a new enlarged deck with a dining area and additional seating for enjoying the outside. The ramp was rebuilt, and steps were added on the north side of the deck to access the back and side of the house. New concrete walkways now lead to the deck on both sides. It will be greatly enjoyed by the residents as the weather continues to get nicer!



NEW CMA EMPLOYEES FOR 2023



ANTHONY ABNER	<i>Programs</i>
LINDSEY BAILEY	<i>Com Hab</i>
DEVINANNE BENKOV	<i>Com Hab</i>
JOSEPH BRUNO	<i>Day Hab</i>
KIERNAN DELANEY	<i>Development</i>
STARZYANA DELGADO	<i>DSP</i>
DAHLIA DENT	<i>DSP</i>
STEPHANIE DITTRICH	<i>Com Hab</i>
MIYA GAILLARD	<i>DSP</i>
E'JAHRIAH HEATH	<i>Day Hab</i>
RONNIESHA HIGHSMITH	<i>Day Hab</i>
CONSTANCE JOHNSON	<i>Self-Direction</i>
ANGELA LAWRENCE	<i>DSP</i>
MARCELLO LEWIS	<i>DSP</i>
GILLIAN PAUL-DOTTIN	<i>DSP</i>
RAJAN SHARMA	<i>Programs</i>
COLLEEN SLATTERY	<i>Development</i>
ARLENE STACK	<i>Clinical</i>
JOANNE ST-VAL	<i>DSP</i>
PHILLIP TAYLOR	<i>Maintenance</i>
BRIANNA THOMPSON	<i>DSP</i>
NAHJUWAN WILLIAMS	<i>DSP</i>
JAZMINE WRIGHT	<i>HR</i>

PROFILE

CMA RESIDENT & E-COMMERCE SPECIALIST



Jonathan Bialstock, who has been

a resident of Kings Point since early 2020, is a crucial component to the success of the e-Academy. E-Academy is a CMA backed program that teaches participants about e-commerce, retail and helps prepare people for future employment opportunities. E-Academy's main focus is reselling donated items on eBay and Facebook Marketplace. At e-Academy's inception, it did not have a single item listed on any selling platforms. Since Jonathan has been a part of the program, he has helped list more than 4,000 items on our

shop e-Academy site on eBay. Jon has also helped sell merchandise to more than 1,000 customers. Jonathan helps coordinate the logistical operation including shipping to all 50 US states, organizing effective storage systems and listing items. Jonathan has helped perfect the 30-step listing process per item and helps deal with the pricing of each product as well as coordinate with customers. Jonathan has taken on a leadership role at e-Academy and is the perfect example of hard work, cooperative collaboration, and good business.

Jonathan is also an essential member of the recreation committee at the agency.

He creates high-quality flyers and video presentations and assists with planning and organizing events. In his spare time Jon enjoys being a DJ at CMA events including the agency Halloween party and the Family Fun Day BBQ. He recently did an amazing job managing the music at CMA's Talent Show!

STAFF HIGHLIGHTS AND ACHIEVEMENTS



SELF DIRECTION

Cassandra Carroll is a great Community Habilitation worker in our Self Direction Program; she is always on time and ready to work. Cassandra shows a lot of compassion when working with my son. She takes the time to plan activities that he would like to do and is very aware of his anxiety and how to help him comfortably try new things. She also helps him work on his social and communication skills and helps show and teach him ways to become more independent. She also helps him with his physical needs as he requires the use of a wheelchair. She is kind, compassionate and very gentle. It is comforting to know that he is in very good hands when he is with her and I know that he will have a good time. I really appreciate that she is very punctual and on occasion has been able to stay late. My family is lucky to have her. Written By: Dianne Carroll

VOCATIONAL

The Vocational program is very happy to introduce you to **Letisha Rountree**, our outstanding Job Developer on CMA's Supportive Employment Team. Letisha has been an integral part of our team for just shy of a year, and during that time, she has demonstrated exceptional commitment to our program mission and values. Her hard work and dedication has not gone unnoticed, and we are proud to acknowledge her contributions. Letisha continues to provide personalized coaching, mentoring, and development, successfully helping people navigate the job market, improve their interview techniques, enhance their resumes and cover letters, and develop effective job search strategies and land their dream jobs. Letisha is always willing to go the extra mile to ensure that participants receive the best support possible. Her kindness, patience, and empathy make her a true asset to our organization. We are proud to have Letisha as a part of our organization and are grateful for her continued commitment to our mission. Her hard work and dedication are truly appreciated, and we look forward to seeing all the great things she will continue to achieve in the future.



Yolanda Milford - Living CMA values!

Yolanda Milford is a FT Direct Support Professional (DSP) at our Massapequa IRA, but that doesn't really let you know how important Yolanda is to the people who live there. Since 2018, Yolanda has been a member of the CMA community, ensuring that every person she supports is treated with kindness, dignity, and respect. Yolanda and the other DSP team members at the Massapequa house have strong bonds with everyone who lives there and ensure they stay connected to their community and the people important to them. Whether it's planning a milestone birthday, assisting a resident to visit with an elderly family member or simple daily activities such as cooking a meal together or attending a medical appointment, Yolanda ensures that everyone is supported and participates in every aspect of their life.

When asked what she enjoys most about her role as a DSP, she stated, "For me, it's about spending quality time with each person I support. It gives me an opportunity to find out what matters to them and to get to know their history, which helps me to better understand and relate to them. Since I like all kinds of music, I find that using music is a great way to start to make connections."

Yolanda treats everyone, whether it's her co-workers or the people she supports the same, and when asked what advice she would give to someone thinking about becoming a DSP, she stated. "I'd tell them to remember to treat the people we support like anyone else, treat them the way you want to be treated, care for the people we support like you would want to be cared for, or how you would like a family member to be treated. I'd also tell them to remember that at any given moment, something could happen that could require them to rely on another person to assist them, think about what you'd want that relationship to look like; that is how you should approach your role as a DSP."

Yolanda Milford, living CMA values and helping the people she supports to live a meaningful life!

Want to make a difference?

JOIN OUR TEAM!



ALL AVAILABLE POSITIONS

- RESIDENCE MANAGER (FT)
- ASSISTANT RESIDENCE MANAGER (FT)
- BEHAVIOR INTERVENTION SPECIALIST (FT)
- DAY HAB SPECIALIST (FT)
- DIRECT SUPPORT PROFESSIONAL (FT/PT/PD)
- REGISTERED NURSE (FT/PT)
- JOB DEVELOPER (FT)



COMPREHENSIVE BENEFITS PACKAGE

We are a Non-Profit Human Service Agency committed to providing services to support people with developmental and intellectual disabilities lead meaningful, productive lives.

VISIT US: www.communitymainstreaming.org

CONTACT: Tawanna De Souza, Human Resources Recruiter
(516) 683-0710 ext. 256 tdesouza@communitymainstreaming.org

FAMILY SEMINAR SERIES 2023

TOPIC	DATE	DESCRIPTION	PRESENTER
Self-Direction en ESPANOL	July 18 6pm-7:30	Nuestro departamento de Self Direction organizara un taller donde familias podran aprender y obtener informacion sobre el programa de Self Direction. La session incluire una presentacion y la oportunidad para preguntas.	Jennifer & Jessenia
What is CORE? CMA's PWW	August 22	Join us as our Day Program Team presents on the re-design Program without Walls and the exciting new learning opportunities it provides.	Miguel & Maritza
Housing Options	October 17	Join us as Heather Aylward; Associate Executive Director of Residential Services and Jennifer Phillips; Senior Director of Community Services present on the various housing options available. Tell us what is most important to you and your family.	Eileen, Heather & Jen
Eligibility and Entitlements	November TBD	Join us as Marcy Rapport; Benefits and Entitlements Specialist and Tom Schinkel of Care Design, NY gives us an overview of eligibility and how to apply for benefits such as social security, Medicaid, SNAP, HEAP and OPWDD services.	Marcy

BUY A WINDOW AND HELP OPEN A CMA RESIDENT'S WINDOW OF OPPORTUNITY



Our KINGS POINT HOUSE, home to 11 CMA residents, needs 100 new windows

- **BUILT IN 1898 (125 YEARS OLD)**
- **PURCHASED IN LATE 1970'S (45 YEARS AGO)**
- **INEXPENSIVE REPLACEMENT WINDOWS WERE INSTALLED 20 YEARS AGO. THEY ARE BROKEN AND INEFFICIENT**
- **A \$500 TAX DEDUCTIBLE CONTRIBUTION WILL HELP OFFSET THE COST OF 1 WINDOW**
- **SCAN THE QR CODE TO DONATE TODAY**

COMMUNITY BUILDERS



For a small monthly contribution, our program participants can receive important essentials and enhancements. Your support can help pay for a college class, assist in a small home renovation, pay for laptops for educational purposes, cover transportation costs, group day trips, purchase outfits for job interviews, pay for noise canceling headphones for hearing sensitive individuals and buy winter coats.



DEVELOPERS	\$100 / MONTH
BUILDERS	\$50 / MONTH
FRAMERS	\$25 / MONTH
ENGINEERS	\$15 / MONTH
ARCHITECTS	\$10 / MONTH
INVESTORS	\$5 / MONTH



FOR A MONTHLY INVESTMENT, USE THIS QR CODE



FOR A ONE TIME INVESTMENT, USE THIS QR CODE

Thank you to all of our wonderful Community Builders who have committed to support CMA on an ongoing basis.

BOARD MEMBERS

JEFF FACHLER, *Developer*
DAVID DONNELLY, *Builder*
MARIA MASSEI-ROSATO, *Builder*
SIOBHAIN MINAROVICH, *Builder*
JOE DIMAGGIO, *Framer*
BOB PEARE, *Framer*

CMA STAFF

DENISE WALSH, *Developer*
HEATHER AYLWARD, *Framer*
EILEEN EGAN, *Framer*

FAMILIES

ARLEIGH RANDAZZO FAMILY, *Framer*
HIDDEN LANE LEVINE FAMILY, *Engineer*
IRMA MARV SHIELDS, *Framer*
KINGS POINT
BOLAND FAMILY, *Architect & Framer*
BIALSTOCK FAMILY, *Framer*
DIANE GOLDIN & KENNY FUNK, *Framer*
SHERRY STARIN, *Framer*
MASSAPEQUA
AMY BRENNER-MITZ, *Developer*

50th ANNIVERSARY OF CMA



In 2024, CMA will be celebrating our 50th anniversary as an organization!

STAY TUNED FOR ALL OUR CELEBRATORY PLANS TO COME!



UPCOMING EVENTS



FUNDRAISER



SCAN ME



CMA SPONSORED DUCKS GAME

Long Island Ducks
vs.
Southern Maryland Blue Crabs

August 8th, 2023 @ 6:35 PM
\$25 Per Ticket
200 Tickets Available
\$12 of your purchase supports CMA services



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**18th Annual
COMEDY NIGHT
SAVE THE DATE**

10/11/23 • 6-10PM

**HOSTED BY RAY ELLIN
OYSTER BAY MANSION
1 S Woods Rd, Woodbury, NY 11797**

